



DR. MATT FONTAINE

DOCTOR OF CHIROPRACTIC MEDICINE

- Board certified Doctor of Chiropractic Medicine with over 20+ years of clinical experience delivering quality patient care by combining Chiropractic, Sports Medicine Protocols, Active Release Techniques® (A.R.T) and corrective exercise.
- Founded and operated, two Physical Medicine and Rehabilitation clinics (FL & VA).
- Extensive professional/amateur sports experience as a Chiropractic Physician and A.R.T provider ranging from Major League Baseball Clubs, Ironman/Triathlon Events, Mixed Martial Arts (MMA), and CrossFit.

POTOMAC PHYSICAL MEDICINE

- Founded in August 2014, we are dedicated to restoring patient health and wellness by providing comprehensive interdisciplinary care in physical sports medicine, rehabilitation, nutrition, and athlete performance services.
- Built network of physicians in the DC, MD, NOVA area to deliver comprehensive care because better patient outcomes are directly tied to a multi-disciplinary approach.
- Active blogger and writer. Currently in final stages of writing a book called "Only One Body" due out early 2021.

PERSONAL

- Former collegiate baseball player and an avid athlete.
- Completed over 30 Triathlons including, IRONMAN 70.3 Timberman.
- Volunteer Fairfax County Emergency Medical Technician (EMT)/Firefighter.

TRANSFORMING HOW THE WORLD MOVES
ONE PATIENT AT A TIME

BRIDGING THE GAP WITH CHIROPRACTIC



**WHOLE-HUMAN
APPROACH TO HEALTH**

WORLD CLASS PATIENT CARE

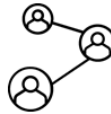


WORLD-CLASS MEDICAL TEAMS INCL.
CHIROPRACTIC



MANIPULATIVE THERAPY &
SOFT TISSUE TREATMENT

LINK BETWEEN ALL TYPES OF CARE



BRIDGING WELLNESS,
PERFORMANCE/REHAB, & SURGERY



INCREASED SPECIALIST REFERRALS
WITHIN SYSTEM

BETTER PATIENT OUTCOMES



FOCUS ON PATIENT SUCCESS
ISSUE RESOLUTION



PATIENT ADVOCATE - HELPING THEM
UNDERSTAND "THE WHY"

TRANSLATING EXPERIENCE

TO THE NEEDS OF INOVA

Committed to PATIENTS

Board-certified Doctor of Chiropractic & A.R.T. provider dedicated to using state of the art techniques to deliver quality care.

DEDICATED

INTEGRATIVE Approach To Care

Better patient outcomes and clinical performance come from leveraging a multidisciplinary approach to patient care.

RESULTS

Operational EXCELLENCE

Understands all the clinical, administrative, technical and operational aspects of delivering comprehensive care.

BUILD

COLLABORATIVE & Authentic

Ability to build trust and strong cross-functional relationships to build high-performing teams (Power of Teams).

INCLUSIVE

Life-Long LEARNER

Committed to personal development and learning from varied experiences and experts in their field.

LEARN

CONNECT WITH ME: 571-234-9319 drmattfontaine@gmail.com <http://potomacphysicalmedicine.com>